



Cyan Magenta Yellow Black

**Sharing heritage**

Young dancers perform for post audience

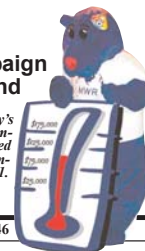
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Fort Riley Post

Fund campaign nears end

As of Nov. 16, Fort Riley's Combined Federal Campaign had collected \$111,339.58. The campaign ends Nov. 21.



Friday, November 17, 2006

America's Warfighting Center

Vol. 49, No. 46

Post news briefly**Field house closes for work**

King Field House will be closed from Nov. 17 through Thanksgiving Day. Sealing and painting of lines on the gym floor will cause fumes that are a safety hazard.

Vehicle office plans closing

The Fort Riley Vehicle Registration Office will be closed Nov. 23-24 for the Thanksgiving holiday.

The office also will be closed Nov. 27 for mandatory employee training.

The office will reopen at 8 a.m. Nov. 28.

Division band slates concert

The 1st Infantry Division Band will perform a free holiday concert Dec. 15. The concert begins at 7 p.m. in McCain Auditorium at Kansas State University. The public is invited to attend.

Free tickets must be obtained to be admitted to the concert. Tickets are available at Fort Riley's ITR Office, 239-5614; the McCain Auditorium Box Office, (785) 532-6428; or by sending a SASE to McCain Auditorium, Kansas State University, 207 McCain Auditorium, Manhattan, KS 66506-4711.

Post to honor foreign POWs

Fort Riley will honor German and Italian Prisoners of War who died while in captivity at Fort Riley during World War II and are buried at the Fort Riley Cemetery. The ceremony will be held at 11 a.m. Nov. 17.

A delegation of German and Italian officers from the Combined Arms Center at Fort Leavenworth will lay a wreath in the cemetery near the graves of German and Italian Soldiers.

German and Italian "Taps" will be played and a rifle detail from Fort Riley will fire a three-round volley. The public is invited to attend.

Stay in Step with Fort Riley

See what's happening on Fort Riley. Tune in to Fort Riley cable channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m. or watch "In Step with Fort Riley" at 5 a.m. every Saturday and at 11 a.m. most Saturdays on WIBW TV, Channel 13.

This week's show, which runs on WIBW TV Nov. 18 and on the post's cable channel 2 Nov. 20-26, includes:

- Local reaction to "Army Strong" campaign
- Information on Thanksgiving meals at post dining facilities
- Soldiers cleaning up the Kaw Valley Nature Trail on post
- Vet Services' Dog Wash

- Interview with Lt. Col. Karl Eikenberry that gives an update on Afghanistan operations
- The Junction City and Manhattan Veterans Appreciation and Veterans Day events

Combatives team takes second

2 Fort Riley fighters win all-Army titles in weight class; 2 others place highBy Mike Heronemus
Editor

Fort Riley's 12-man combatives team surprised about 300 opponents with its skill and determination to place second in the All-Army Combatives Tournament Nov. 3-5 at Fort Benning, Ga.

Two Fort Riley competitors

won all-Army titles in their weight classes. Second Lt. Brandon Bear of 2nd Battalion, 16th Infantry, won the title in the cruiser weight - 185 pounds and below - matches.

Second Lt. Benjamin Hart of 2nd Bn., 16th Inf., won the title in the lightweight - 140 pounds and below - competition.

Pfc. Ryan Nyhus of 2nd Bn., 16th Inf., placed third in light

heavyweight - 205 pounds and below - matches. Sgt. Timothy Wineberg of U.S. Army Medical Department at Fort Riley, placed fourth in lightweight fighting. Wineberg placed fourth in last year's tournament, too.

Last year's 10-man Fort Riley team placed fifth with one fighter finishing as an all-Army champ. This year, the fighters scored 95 team points, seven more than the

75th Ranger Regiment, who was last year's all-Army champion, and only three points behind this year's champs, the JFK Special Warfare Center.

All but four of the post's combative team members belong to 2nd Bn., 16th Inf. Besides Wineberg with MEDDAC, team members from units other than 2nd Bn., 16th Inf., were Sgt. Brent Strika of Company E, 610th

Brigade Support Battalion; Sgt. Henry Phillips of 1st Battalion, 41st Infantry; and Staff Sgt. Vincent Miller of 2nd Brigade, 91st Division (Training Support).

Other team members from 2nd Bn., 16th Inf., included Staff Sgt. Michael Gutierrez, Cpl. Nicholas Looney, 2nd Lt. Aaron Chonko, Pfc. Raymond Mounsey and Pfc.

ATTN: SAPA-

Hello, hello?



Lt. Col. Kurt Schneider, 1st Inf. Div. G2, provides former Secretary of Defense Donald Rumsfeld a brief lesson in Arabic at the language lab during his visit to view transition team training at Fort Riley.

DISCOM Photo/Merritt

Rumsfeld visits post to see training

By Pvt. Andrea E. Merritt
Division Support Command

Just one day after announcing his resignation, Secretary of Defense Donald H. Rumsfeld visited Fort Riley to observe the training of military transition teams preparing for deployment overseas.

Rumsfeld stopped at Fort Riley after his Nov. 9 Langdon Lecture at Kansas State University, where he spoke to community leaders, KSU students and faculty members and some Fort Riley Soldiers.

In his speech, Rumsfeld addressed the war in Iraq but chose not to speak about his resignation.

Rumsfeld's first stop on post was the language lab where Soldiers learn basic Iraqi vocabulary with the help of instructors from the Defense Language Institute

and an interactive computer program.

He used the computer program for a brief lesson on how to say "hello" and use other simple greetings and phrases in Arabic.

After the language lab, Rumsfeld was shown a display of improvised explosive devices. Soldiers on the transition teams attend classes and go through training that teaches them to recognize and respond to IED threats.

On his last stop, Rumsfeld visited Soldiers who were attending a cultural awareness class, where they learn about different Iraqi customs and courtesies. He spoke to the Soldiers and offered some words of wisdom:

"You and your peers ... will be creating an Iraqi security force that has the power and stability to provide security for the

Iraqi people," Rumsfeld said.

Rumsfeld said he visited with transition team trainers in Iraq who are so good at what they do, they get frustrated when their Iraqi counterparts don't quite understand and don't quite perform to the standard that their transition team trainers expect.

"The key is to not get frustrated," he said. "The key is just to know that the task is to help them get to the point where they assume that responsibility. There isn't a doubt in my mind that this job can get done and get done right," Rumsfeld added.

Transition team Soldiers attending training at Fort Riley are trained to work closely with the Iraqi Army, training these forces to assume responsibility for providing security and ultimately protecting their country's people.

Fort's transient lodging will go 'civilian'

Department of the Army

The U.S. Army announced Sept. 28 its selection of Actus Lend Lease to create the Lodging Development and Management Plan as part of the Army's Privatization of Army Lodging Program.

Under PAL, the Army plans to privatize transient lodging at 13 Army installations throughout the United States, including Fort Riley.

Other installations include Redstone Arsenal, Ala.; Fort Rucker, Ala.; Fort Leavenworth, Kan.; Fort Polk, La.; Fort Sill, Okla.; Fort Hood, Texas; Fort Sam Houston, Texas; Yuma Proving Ground, Ariz.; Fort Meyer, Va.; Fort McNair, Washington, D.C.; Fort Shafter/Tripler Army Medical Center, Hawaii.

The PAL program is a critical part of the Army's plan to rapidly improve the condition of transient lodging and to sustain quality facilities throughout the life of these projects, officials said.

Actus Lend Lease and their selected hotel management team, InterContinental Hotels Group, will work with the Army to create the Lodging Development and Management Plan. The Lodging Development and Management Plan will serve as the blueprint for the improvement of lodging facilities at the "Group A" 13 installations.

Preparation of the Lodging Development and Management Plan is expected to take nine to 12 months. Following acceptance of the Lodging Development and Management Plan by the Army and review by the Department of Defense, Office of Management and Budget and Congress, implementation of the plan is expected to begin in early 2008.

Fort Riley hangs out 'word' on 'Army Strong' campaign

By Pvt. Andrea E. Merritt
Division Support Command

After 18 years of telling potential recruits, "Be all you can be," and five years billing itself as an "Army of one," the Army has adopted "Army Strong" as its new slogan and the focus of a new advertising campaign that showcases the strength of Soldiers past, present and future.

"What (Army Strong) says about the Soldier is that there's a physical and emotional strength, there's a strength of purpose and there's a strength of team," said Lt. Gen. Robert L. Van Antwerp, commander of U.S. Army Accessions Command.

The first three "Army Strong" television ads debuted nationwide Nov. 9 on more than 20 major networks, including MTV, USA and Lifetime. The ads consisted of

two 30-second spots and one 60-second spot.

A 30-second "Army Strong" ad done in Spanish and called "Entrevista" (Interview) aired on major Spanish networks, including Telemundo and Univision.

Fort Riley prepared for the campaign's kickoff by putting up banners and posters at the gates, gyms, shopettes, fire stations,

See Campaign, Page 3

Ray Allaman, a sheet metal mechanic for Public Works, adjusts the Army Strong banner outside of the PX Nov. 8. DISCOM/Merritt





Post, Army news briefly

Army needs broadcasters

Active duty authorizations for Army broadcast specialists – Military Occupation Specialty 46R – will increase over the next three years, and Soldiers interested in cross-training into that MOS are needed.

About 50 percent of Army broadcasting positions are overseas in American Forces Network outlets.

Soldiers cross-training into the MOS will learn television, radio, announcing and writing skills while learning a very civilian-marketable job skill.

Eligible Soldiers include those on active duty in any MOS and Army Reserve and National Guard Soldiers in other MOS's who want to enter active duty.

Soldiers must be in grades E-1 through E-5 and be non-promotable. They must have a 107 General Technical score and hold a secret or interim secret clearance.

For more information, send email to goose.guzior@us.army.mil or call DSN 221-2578.

Public Works offers boughs

Units, housing occupants and activities at Fort Riley desiring cedar and pine boughs to decorate the interior and exterior of their buildings can pick up the boughs at the Public Works parking lot on Dickman Avenue, across from Building 364 on Main Post.

Boughs will be distributed on a first-come, first-served basis Nov. 20 through Dec. 26. Extreme care should be taken to avoid fire hazards when using the boughs. Frequent misting or sprinkling of boughs with water is recommended to retard their drying out.

All units, housing occupants and activities are reminded that cutting pine and cedar trees or branches anywhere on the installation is prohibited.

DICKINSON THEATRES, INC.
1 x 1.5"
Black Only
1x1.5.adchangeNOVTF11/17.1k

FURNITURE WAREHOUSE
3 x 8"
Black Only
ONE COLOR3x8FurnitureWhe11/15



Photo by Maj. Christopher Gross
Second Lt. Brandon Bear, 2nd Bn., 16th Inf., won the cruiser weight all-Army title.



Photo by Maj. Christopher Gross
Second Lt. Benjamin Hart, 2nd Bn., 16th Inf., won the lightweight all-Army title.



Photo by Maj. Christopher Gross
Cpl. Ryan Nyhus, 2nd Bn., 16th Inf., placed third in light heavyweight fighting.



Photo by Maj. Christopher Gross
Sgt. Timothy Wineberg, MEDDAC, placed fourth in lightweight fighting.

All-Army continued from page 1

Alexander Tellez.

Barton County Community College combatives coaches Dave Durnil, Joe Wilk, Jon Menke and Ethan Day accompanied Fort Riley's team. Alex Dibenedetto is the team's fitness and strength coach.

The Army Combatives School at Fort Benning hosted the 34 active duty and reserve teams traveling to the tournament from as far away as Germany and Guam. Teams entered in the tournament included Fort Bragg, N.C.; Fort Campbell, Ky.; 7th Special Forces Group; 25th Infantry Division; 3rd Infantry Division; Fort Benning; and Fort Stewart, Ga.

More competitors fought this year

Fort Riley fighters faced about 30 opponents in each weight class, maybe more, Chonko (185 pounds) guessed. That made competing very tough because of the stamina needed, especially "if you went to the losers' bracket (you) had a lot of fights that went six minutes if your opponent didn't tap out," he said.

Srnka (155 pounds) said he thought opponents in his class were really tough because they all were in good shape and very strong for their weight. "Some cut weight, as much as 20 pounds, to get down to weight for weigh-in," he said.

"We took time to train for about six weeks, two to three hours a day and personally gave up lunch hours to train," Tellez (205 pounds and over) said. Team members used their lunch hours to "roll," a term that describes sparing with a partner.

Besides the toughness they found in competitors, the Fort Riley fighters and coaches expressed some surprise at their

opponents' mindset. "Their mindset wasn't to 'tap out' (give up)," Moungey explained.

"There was a lot of pride on the line, but the guys are good about not trying to hurt each other," Wilk said.

Gutierrez (170 pounds) said he put his first-round opponent to sleep when he wouldn't tap out. "It took him several minutes to wake up," he said.

Referees stopped the fighting at times to prevent injury to Soldiers, Durnil added.

More technique used in fighting

Competition was surprisingly better than last year's, Looney (170 pounds) said. He watched last year's tournament and this year the fighters used a lot more technique, he said. "It wasn't just people throwing each other around."

A lot of fighters were black

ALLSTATE INSURANCE
1 x 1.5"
Black Only
1x1.5.allstate.10/

PRAIRIE HAWK CYCLE & LEATHER,
1 x 1.5"
Black Only
1x1.5.Prairie Hawk Nov TF

USADISCOUNTERS
3 x 10.5"
Black Only
1w some as last week

FIRST UNITED METHODIST CHURCH
1 x 2"
Black Only
1x31stUnMetChMan10/27 TF

TYME OUT
1 x 2"
Black Only
1x2.tymehouse.9/15.4772.1k

Tournament rules

The competition used a graduated set of rules. Fighters in the first rounds were expected to compete using standard combatives rules that allow throws, chokes and arm locks but no striking.

After winning the first round, fighters moved to the semi-finals where open-handed slaps to the face, punches to the body and kicks to legs and head were all legal.

The final round was fought under Mixed Martial Arts rules similar to that found in the popular Ultimate Fighting Championship. Wins counted toward team points. Wins by submission or knockout counted for additional points.

HOUSE FILL AD

LIGHTHOUSE CHRISTIAN FELLOWSHIP
1 x 3"
Black Only
1x3lighthousefellowship11/03 tf

Mike Heronemus can be contacted at mike.heronemus@riley.army.mil or 239-8854.



Fort Riley, land owner set up buffer zone

By Anna Morelock
Staff writer

Jane Laman spoke of what it was like to live on the land.

She spoke of carrying burlap bags of water on her Shetland pony to her husband working over the hills.

She told about a neighbor who years ago had chased people off his land because they wanted to turn it into a park.

Through her stories, Laman shared her love of the land with various local, state and federal

representatives gathered on her property northeast of Fort Riley Nov. 8 to witness signing of the first buffer easement for the Fort Riley Army Compatible Use Buffer program.

The easement on Laman's property marked the first time that Army funds and those of the National Resource Conservation Service combined to create a conservation easement.

Easement protects 269 acres

The easement will protect 269

acres of prairie grasslands in an ACUB area.

The ACUB program is designed to ease development pressure around Fort Riley and ensure the installation can continue to carry out Fort Riley's mission into the future.

Fort Riley and 1st Infantry Division Commanding General Maj. Gen. Carter Ham was at the Laman property for the signing. He expressed his pride in the partnership that he said will allow Fort Riley to train and to protect the environment.

"Your Army has a couple of responsibilities that are primary," Ham told the group. "Certainly you expect us to be well-trained, and we will do all that we can to be that way," he said.

Ham: 'We have a responsibility'

"But, we also have a responsibility to care for and nurture the environment, which has been entrusted to us in the lands of Fort Riley, so that future generations are able to train and future gener-

ations are able to enjoy the many benefits of the lands in and around Fort Riley," the general continued.

The easements will be held by the Kansas Land Trust and put restrictions on development of the land. Bev Worster, president of the Kansas Land Trust, called the easement a relationship between the land itself and the trust organization.

"That relationship between land and organization is going to last longer than the lifetime of anyone here today, and so it is

profound in that sense and it is something that the Kansas Land Trust takes very, very seriously," she said.

Besides telling colorful stories about the prairie land she calls home, Laman shared an audio tape of what she said were "dear sounds" to her, the sounds of prairie chickens on the prairie.

"This land will always pay taxes," Laman said. "It will always be productive, and hopefully there will always be someone who loves it as much as I do."

Campaign

continued from page 1

the Main Post Exchange and other places around post.

Fort Riley, home of the "Big Red One," has anticipated the launch of the new campaign since the 1st Infantry Division was chosen to participate in the ads.

A countdown to the day the "Army Strong" ads went public appeared as daily pop-up notices on computers of all those who have an email account on Fort Riley.

Most commercials taped at Riley

A majority of the commercials were taped on and around Fort Riley. Others were done at Fort Lewis, Wash. Soldiers were filmed doing physical training, running the obstacle course and in air assault training.

"What's great about working with real Soldiers, besides the fact that you're dealing with the truth and they're not playing the role of a Soldier, (is) they're great at taking direction," said Samuel Bayer, the director behind the "Army Strong" ads.

"You tell them to hit their mark, and they hit it every single time," he added.

Chief Warrant Officer Verdo Jackson, a Black Hawk pilot, and Spc. Alysha Ford, a helicopter repairer and crew chief, are assigned to the Combat Aviation Brigade, 1st Infantry Division. They were featured in the Internet ads. They and nine other Fort Riley Soldiers talk candidly about their military occupational specialties at

www.goarmy.com/strong.

"We want the viewer to take away the strength of the Army, so one thing you see is this phenomenal strength that you have in this wonderful team that's over one million strong," Van Antwerp said.

The preparation plan for the new campaign was announced

Oct. 9 by Secretary of the Army Francis J. Harvey at the 2006 Association of the U.S. Army Annual Meeting in Wash., D.C.

"To meet our objectives, the total Army must recruit far more people than the Navy, Air Force and Marine Corps combined," Harvey said.

The Army exceeded its recruiting goal by enlisting more than 175,000 men and women in fiscal year 2006 and hopes to bring in even more with the new ad campaign, he said.

Once the new campaign was announced, "Army Strong" messaging was shared with internal audiences through text messages and emails that offered previews of the ads.

"It is vitally important that the internal Army family understand and embrace this new campaign," Harvey said.

Harvey: Campaign speaks to 'truth'

"I believe that this campaign speaks to the essential truth of being a Soldier, and that being a Soldier has and always will be a unique experience, an experience that makes you a stronger person," he added.

The "Army Strong" concept was developed by the McCann Worldgroup, the marketing company that was awarded the two-year \$400 million advertising contract in December 2005.

The campaign was inspired by the McCann team's interactions with Soldiers. They met with hundreds of new recruits, Soldiers in advanced individual training, senior officers and military academy cadets and Army Reserve Soldiers.

The team also went through a three-day condensed version of basic combat training at Fort Jackson, S.C., so they could better understand the strength it takes to be a Soldier.



Post/Heronemus

Support includes money for child care

Amber Perdue, spouse of a 300th Military Police Company Soldier, accepts a \$600 donation from Phil Irby, commander of VFW Post 8773. Taking part in the presentation is John Hagerty, member of Post 8773 and unit sponsor point of contact for the post. VFW Post 8773 adopted the 300th MP's as part of the VFW's program to help deployed Soldiers and their family members at home. Perdue said the money has been designated for use to cover child care costs when the unit returns from its tour in support of the Global War on Terrorism. That will allow the spouses and Soldiers time to attend required reintegration training and some time alone together to get reacquainted, Perdue said.

PIONEER SERVICES

4 x 10"

Black Only

4x10 Pioneer Holiday surprises

JON MURDOCK AUTO MALL
2 x 8"
Black Only
2x8 Murdock wk2 GM

Investing in Soldiers' safety Supervisors should take time for 'Oak Tree Counseling'

Spc. Stephen Baack
1st Inf. Div.

It's no secret that safety is a hot issue in the Army. Ask practically any commander or first sergeant about his priorities and the word "safety" will come up.

Prominent Army leaders are stepping forward to more closely scrutinize the prevailing methods of imparting safety advice to their Soldiers. One of those methods, the weekend safety briefing, is beginning to take the heat.

"In the past, we've taken the safety approach of preparing for weekends and long weekends — leave, pass and things of that nature. There's the traditional, everybody-in-the-safety briefing," said Command Sgt. Maj. John Fourhman, 1st Infantry Division command sergeant major. "Nobody's really paying attention. Their minds are already on what they've planned on doing for the weekend."

Fourhman said that well-meaning first sergeants and commanders are telling their Soldiers comes from a good place and is good information about safety, but some Soldiers just aren't listening.

Gen. Burwell B. Bell III, commander of U.S. Forces in Korea, said that is because no one is accountable during those briefings. Bell noticed that any given Soldier listening to a weekend safety briefing can deduce that what the commander or first sergeant is saying applies to the Soldier next to him or her, but not to himself or herself.

Bell may be critical of the current state of safety communication between the Soldier and the leader, but he suggests a better way: what he calls "Under the Oak Tree" counseling.

Called "Oak Tree" counseling for short, the goal of this type of safety counseling is to push the responsibility for counseling and the responsibility for the safety and well-being of Soldiers back down to the first-line supervisor level.

Fourhman said,

"Really, Oak Tree counseling is nothing more than a dialogue between the first-line supervisor and the subordinate that ends up in a contract between that subordinate and that first-line supervisor about how that Soldier is going to behave safely."

Fourhman said, "So really, it's just that built-in communication between the Soldier and the first-line supervisor."

Fourhman emphasized that the new approach is informal, that the contract between supervisor and subordinate is verbal and that using a checklist would miss the point altogether.

"Really, what we've done in the past is we've gone to almost a checklist Army," Fourhman said. "We've got all kinds of good forms and guides and methods of preparing for the weekend,



but there's really no ownership in filling out a checklist.

"They really don't have an obligation to the Soldier to follow up on what that Soldier told them that he is going to do," Fourhman added. "At the same time, that Soldier is telling his first-line supervisor what he wants to know or what that checklist says just so he can get on with his life and get on with his weekend."

For Oak Tree counseling to work, supervisors need to know more than simply what the Soldier is planning on doing during the weekend. A supervisor needs to get together with their Soldiers, Fourhman said, and establish a clear mission with contingency

plans — much like that of a Soldier in combat.

"I'm not so worried about that Soldier, because in combat we empower young sergeants or staff sergeants to take a fire team or a squad out on patrol on the streets of Baghdad," Fourhman said.

"But before we do that, we have a clear mission. We give mission requirements to that platoon leader who passes it down to that squad leader as a warning order."

"We give him a patrol order — or he turns it into a patrol order — issues it to his squad, does rehearsals, does pre-combat checks, inspections ... then they go out of the [forward operating base] and execute the mission. Now while they're on mission, if they get in trouble, there's always a [battle plan]."

The central piece in establishing this weekend battle plan is set up by the supervisor prompting his subordinate. Fourhman said the first step is for the supervisor to ask exactly what the Soldier is planning to do during the weekend or break. The next step is to ask the Soldier pointed questions about back-up plans should his primary plan fall apart.

"Of course, what the last resort is, if the Soldier gets in trouble, he has a contract with his supervisor to get on the telephone and call him, the CQ, the company commander — whoever it is — and make sure there are systems in place so the Soldier always has a course of action to follow other than to get in trouble or continue to do an unsafe activity," Fourhman said.

Fourhman also encourages leaders to have a set of back-up plans in place, such as unit contact cards or a unit taxi fund, in case the Soldier has had too much to drink — with the caveat that the Soldier should have the confidence to know he won't be standing in front of the first sergeant on Monday trying to come up with an explanation.

That, Fourhman emphasizes, is the only way those types of con-

tingency plans will work. "It truly has to be a non-punitive way of getting home," he said.

Oak Tree counseling is not designed to set up Soldiers for punitive actions but is rather a preventive measure for supervisors, Fourhman said.

Though Fourhman often uses the squad leader and team leader analogy to describe the counseling method because it describes the youngest and most inexperienced leaders in the Army, he says it really applies to first-line supervisors at every level.

"If I'm a young sergeant, then I expect my section sergeant to know what I'm doing."

Fourhman said, "If I'm that section sergeant, then my platoon leader should have had that same dialogue with me and knows where I am. But you really do have to buy-in from the sergeants major and the first sergeants, because that's probably the level that can manage it down to squad leader or express the importance of it to that squad leader."

"It's not 'check the block,'" Fourhman said. "It's something that you have to do continuously. It's something that you have to do before a weekend night, a long weekend or a pass. You have to build that trust and continue that dialogue between your subordinates constantly."

For more information about Under the Oak Tree counseling, log on to <https://cra.army.mil/home/>, click on the *Stats/Reports* tab and then go to "Leading on the Edge: Gen. B.B. Bell's Video Series."



Helping children with relocation

'I like my home. Where are we going? Why?'

By Dorinda Williams
Zero to Three Program

Change, good or bad, can be difficult. Fortunately, most adults have learned through their experiences and relationships ways to cope with change. Young children, on the other hand, are just beginning to learn these new skills.

As babies and toddlers slowly figure out how to deal with change, they look to their caregivers for guidance and support. Babies and toddlers experience countless changes in the early years, from learning to walk or crawl to the birth of a new sibling.

For children with military parents, these changes often go hand-in-hand with military-specific changes, such as relocation. When caregivers are mindful of

how moving can affect babies and toddlers, they have a much better chance of helping their young children through this experience.

Relocation can be an exciting, but stressful event. The move, and the unpacking, can be exhausting. Families often leave family and friends behind as they seek out a new place to live, new friends, new medical care, new child care and other basics.

Parents often feel drained and have less energy to devote to their young children. Babies and toddlers pick up on their parents' stress and may act out as a result, leaving parents even more drained.

How do we break that cycle? Parents can support themselves by supporting their young children and understanding their needs, experiences and percep-



Dorinda Williams

tions. Babies and toddlers, just like their parents, experience loss during a move. Young children can miss their old home, their friends, their caregivers, their playgrounds and so many other things. For babies and toddlers, these familiar places and people represent comfort and security. It might be all they have ever known.

Parents can help their children through a move simply by being sensitive to how babies and toddlers may be affected. Parents can explain the move before the packing begins, using simple, reassuring language that leaves the door open for questions and the opportunity for follow-up talk.

As part of these conversations,

parents can describe the pack-out, the trip and what to expect at their new location. Parents can talk about what will be the same and what will be different.

Older toddlers can help "pack" and "unpack" by handing objects to their parents or having their own boxes (filled with safe, non-breakables) to fill or unload. Helping out mommy or daddy can feel empowering for young children who, at the time of a move, may feel like things are out of their control.

It is very important that special objects, such as favorite "loves," be placed in a bag or box that will stay with the family throughout the move. That way, young children are surrounded by those treasured items that make them feel most secure.

For military families, any of these transitions may be accompanied by a deployment or other

Mission:

ZERO TO THREE's mission is to support the healthy development and well-being of infants, toddlers and their families. For more information on ways to support you and your young children visit our Web site at www.zerotothree.org/military.

military separation.

For information on supporting your child during the cycle of deployment, go to www.zerotothree.org/military for additional articles and resources.

For information about available services in the Fort Riley area, contact Army Community Service at (785) 239-9435.



Commentary

Friday, November 17, 2006

Fort Riley Post

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Riley Roundtable

This week's question:

How do you feel about the Army's new "Army Strong" ad campaign? What does "Army Strong" mean to you?



"Army Strong is a better catch phrase for the Army since it reflects the strong leadership and everybody working as a team, making the Army even stronger. The Army is strong because everyone in the Army puts forth effort towards an accomplishment in their Army careers."

Pvt. Samantha Daily
Administrative specialist
DISCOM
Hometown: Reno, Nev.



"It's not bad, but they should show more than just the combat arms jobs. There's more to the Army than just those jobs. To be strong is to have the strength of one person. To be 'Army Strong' is to have the strength of thousands of people."

Pvt. Karl E. Herrod Jr.
Administrative specialist
Division Support Command
Hometown: Conroe, Texas



"I haven't seen the commercials, so it depends on how they portray (the Army), but I think it was time for a change. I don't know what it's supposed to mean."

CWO Damon Hutton
Aviator
Combat Aviation Brigade
Hometown: Rapid City, S.D.



"It's better than the last one. The last one was 'Be all you can be,' and this one proves what we are strong. It means that we are strong in heart, courage and mind."

Sgt. Victor Mendez
Infantryman
HHC, 3rd Brigade
Hometown: Maya Guez, Puerto Rico



"I preferred 'Be all you can be' because it had a certain ring to it that would appeal to younger Soldiers. ('Army Strong' means) One united force that's ready to engage in this nation's battles, protect and defend."

Master Sgt. Hubert Scipio
Senior supply supervisor
HHC, 1st Infantry Division
Hometown: Houston, Texas

Letters to the editor:

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and a phone number where he or she can be reached.

Letters may be edited to fit space but never edited to change the writer's viewpoint. Send letters to mike.heronemus@riley.army.mil or fax them to 239-2592.

Energy conservation

Post takes measures to turn off lights

By Russ Goering
Chief, Energy Office



Russ Goering

Building occupants on Fort Riley should be prepared for the lights to go out. It's not that we're not paying our electric bill. It's a part of new energy conservation measures designed to reduce energy waste. The recently published 2006 International Energy Conservation Code requires lighting systems in commercial buildings to have a means to automatically turn lights off using a timer or occupancy sensors.

The idea behind the new requirement is to ensure lights are not left on unnecessarily when no one is using the space. Estimates indicate that unnecessary lighting adds more than \$40,000 to Fort Riley's energy

costs each year. In some post buildings, timers will automatically turn off lights at preset times. For example, the new ORTC barracks in Camp Funston are equipped with timers to turn off the lights twice each day — once in the morning after most occupants have reported for duty and once at night after occupants are asleep. A few lights will remain on for safety to enable occupants to safely navigate through the building.

Another example are the lights at the Fort Riley softball fields. If

the lights are inadvertently left on, they will automatically turn off after either six hours or at daybreak, whichever comes first.

In the past, Fort Riley paid an extra \$40 for each day that lights at a ballfield were left on. At that rate, it took less than a month to recoup the cost of the lighting controls to automatically turn off the lights.

Some new and planned building projects at Fort Riley will have occupancy sensors to automatically control the lighting. Occupancy sensors use either an infrared or ultrasonic signal to detect motion in the space. If a person is not detected for a period of time, the lights are automatically switched off. The lights are switched back on again when motion is detected.

Automatically turning off

lights may occasionally be a nuisance to building occupants.

This was especially true in previous generations of occupancy sensors. New technology and better design has helped to minimize this problem, but it will still happen occasionally. Most systems have adjustments that can be made if nuisance outages become too numerous.

Lighting controls are just one of numerous efforts employed by the Fort Riley Public Works Energy Office to conserve energy used on post. Office staffers encourage everyone to use energy wisely.

More energy conservation information can be found on the Fort Riley Public Works Energy Office Web page on the Fort Riley Web site or by calling 239-2371.

View from 'The Front'

Soldiers want to do mission, return home

By Spc. Todd Selge
5th Bn., 20th Inf. Regt.

When you hear news about the war in Iraq, you usually hear it from a high-level Army spokesperson or you hear the media describe it as "another deadly day." The view on the ground from the Soldier's perspective is often overlooked.

We are the ones who live the conflict every day, who see the progress day-to-day. We are the ones who experience the sorrows, who interact with the people, and who see the enemy's effort to undo every good thing the Iraqi

people and Coalition forces have done.

What every Soldier wants is to succeed in our mission and go home to our families. The things we do each day allow us the ability to do just that. My unit, 3rd Platoon, Company A, 5th Battalion, 20th Infantry, has seen many successes.

The most important is getting the Iraqi security forces organized and capable of handling every problem that may arise in the future. Accomplishing this happens on all levels, from the commanders down to the average private.

We have a training program

through which Iraqi Army soldiers learn the same basic tasks every U.S. Army Soldier knows. The American Soldiers develop friendships with the Iraqi soldiers and police. We joke, eat, talk about family and conduct missions together. Every day, Soldiers are working hand-in-hand with Iraqis, teaching them to succeed in their jobs.

Since we have been here, the Iraqi security forces have been the main effort — finding countless caches, killing or capturing anti-Iraqi personnel and thwarting attacks targeted at Coalition forces. They continue to undermine the enemy and gain the

confidence of their fellow countrymen.

We are also building important and long-lasting relationships with the residents of surrounding communities. We go to schools and neighborhoods giving the kids backpacks full of supplies, handing out candy and hearing the concerns of the people.

Every day that we interact and help Iraq grow, we are one more day closer to success and one day closer to seeing our families.

The average Soldier wants to accomplish the mission. He wants to see the smiles of the Iraqi people last. He wishes freedom for the country of Iraq.

Pen points

Paper introduces spouse comic strip

By Mike Heronemus
Editor

This week, the Post begins a regular comic strip feature on this page. You can see it at the bottom of the page.

Jenny was created by a young Air Force spouse reflecting on the challenges of a military lifestyle.

Although she talks about situations she and others have experienced in the Air Force, many — if not most — of those situations apply to military spouses in any branch of service.

For that reason, the Post decided the strips would be entertaining for its Army readers — especially the spouses — who will undoubtedly identify with this young, new military wife.

Julie L. Negron created the comic strip. She was born into an Air Force family living near Tyndall Air Force Base, Fla. She made her first military move at age 6 months when the family was transferred to Germany. Julie recalls moving so much that she went to a different school every year until the family

landed in Taiwan, where she got to attend Taipei American School three years in a row.

Cartooning came naturally, Julie believes. On her Web site, she explains: "I've been an illustrator since I was 4 years old. I know this because my first life memory is of getting in trouble for drawing Barbie dolls on my dad's work papers."

"Luckily (for me, anyway), even though he was quite upset, dear old Dad brought home a big box of cast-off papers from his office the very next day."

After getting married and facing an overseas assignment, Julie writes that she packed up her entire "studio" and put it in storage to take some time off from illustrating.

As the permanent change of station became "frustratingly overwhelming," Julie turned to her craft as an outlet, and "Jenny" was born.

Enjoy her take on military life. Don't suppress the chuckles. It's great when we can laugh at ourselves and life's trying situations. Nothing relieves stress like a laugh.

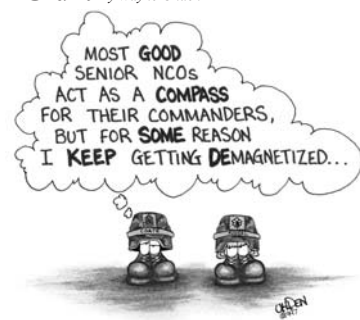


Mike Heronemus



Julie Negron

Grunt By Wayne Ulden



FORT RILEY POST

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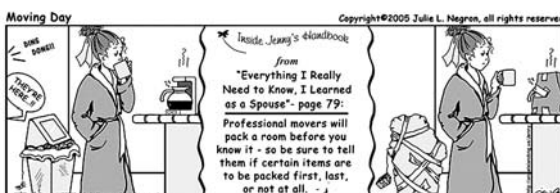
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Post, Army news briefly

Holiday tree lighting Nov. 30

The annual holiday tree lighting ceremony in front of the post headquarters is scheduled for 4:45 p.m. Nov. 30.

The program includes the official lighting of the decorated tree, a brief program, free cocoa and cookies and a visit from Santa Claus.

All Soldiers and families are invited to attend.

Post graduation moves to Riley's

Fort Riley military personnel, family members and civilian personnel who are graduates of local colleges or SOCAD college programs are invited to participate in the Fort Riley post-wide graduation center at 1 p.m. Dec. 13 at Riley's Conference Center.

For more information, call Ms. Adelina Morales at 239-6481.

Health fair scheduled

The 2007 Open Season Health Benefits Fair is scheduled for 9 a.m. to 2 p.m. Nov. 30 in Riley's Conference Center.

FIRST PRESBYTERIAN CHURCH
1 x 2.5"
Black Only
1x2.5 1st Pres Nov TF

ARMED FORCES COMMUNICATIONS
3 x 10.5"
Black Only
721615 pu 11/3 1st year voice

601st ASB Soldiers clear nature trail

By Pvt. Andrea E. Merritt
Division Support Command

Recent warm autumn weather has made it a good time to take a nature walk along the Kansas River on the south side of post. Until the end of October, however, strolling along the Kaw Valley Nature Trail beside the Kansas River was impossible.

Twelve Soldiers of the 601st Aviation Support Battalion at Fort Riley worked Oct. 23-27 to clean and reconstruct the trail stretching behind the First Territorial Capitol so people could walk it safely.

The project was part of Fort Riley's annual fall clean-up week.

"The job (the Soldiers) did was amazing," said Sgt. 1st Class Karl Utter, Combat Aviation Brigade operations center noncommissioned officer-in-charge. "When I first came out here with Ron Harris, you really couldn't see much, and now there is a 200 percent improvement."

Ron Harris is a member of the Friends of the First Territorial Capitol and a frequent period re-enactor for events at the museum and site. The "Friends" have been

instrumental in keeping the museum and site open to the public.

The original trail was in a state of complete disrepair when the Soldiers arrived to clean it up, said Spc. Cesar Rivas, an aircraft electrician with Company B, 601st ASB.

"We were tasked to clean it up, but once we got down there, some of the paths were so overgrown we were given permission to make our own paths," he explained.

The trail was covered with shrubs, bushes, logs and fallen trees, said Sgt. Albert Fisher, a light-wheeled vehicle mechanic with Headquarters Support Company, 601st ASB. "It would have taken a chainsaw and a dozer to get through."

Fisher said for the first two days of the clean up the crew didn't have all the proper equipment. They only had big knives and their bare hands to help clear away smaller brushes and logs.

One of the noncommissioned officers in charge of the cleanup, Staff Sgt. Charles Howard, purchased two axes and eight pruning shears so the Soldiers could work more effectively on the trail.



DISCOM/Merritt

This is one of many views of the river that can be seen from the Kaw Valley Nature Trail. Soldiers of the 601st ASB cleaned up the trail during Fort Riley's Fall Cleanup week Oct. 23-27.

They finished the cleanup and reconstruction two days ahead of schedule, Fisher said.

The crew finished cleaning by 3:30 p.m. Oct. 25, right before a rainstorm hit, Fisher said. He said the crew was so tired by the end

of the project they couldn't even pick up their axes.

One of the obstacles the Soldiers faced was trying to mark the path of the trail.

"In other spots, where everything had grown over the actual

trail, you couldn't make out heads or tails," Fisher said. "Monday and Tuesday, we were walking the entire thing trying to find it."

The Soldiers placed logs and pink ribbons on the sides of the trail to help mark it so that anyone who walks the path will be able to find their way around, Fisher said.

"The volunteers that were out there were happy to see what we had done and grateful for the time we took to get it done," Rivas said.

"It was awesome because there aren't many occasions where 12 people can come together and knock something like that out, a 2-mile trail in the woodlands, some never being in the woodlands," he added.

Other Soldiers who helped clean up the trail were from Company A, Company B and Headquarters Support Command, 601st ASB.

Editor's Note: Sgt. Nicole Clarke, 1st Infantry Division Public Affairs contributed to this story.

FIRST BAPTIST CHURCH
1 x 3"
Black Only
1x3 1st Baptist Church

LOTTS AUTO SERVICE
2 x 3"
Black Only
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FAITH FURNITURE
3 x 12"
Black Only
3x12 Faith Furn

Post, Army news briefly

Engineers plan toy march

Members of the 70th Engineer Battalion will make their annual toy march Nov. 18 from the Morris Hill Chapel to Fort Riley Middle School this year.

Classes help prevent suicide

The Fort Riley Suicide Prevention Program will conduct Applied Suicide Intervention Skills Training classes monthly now through March.

Classes are scheduled Nov. 20-21, Dec. 11-12, Jan. 18-19, Feb. 15-16 and March 8-9.

The two-day classes will be taught in the basement classroom at Riley's Conference Center from 8 a.m. to 4:30 p.m. each day.

For more information, call Charles E. Jackson, Fort Riley suicide prevention training coordinator, at the Family and Soldier Support Center, 239-9434 or 239-1012.

Ceremony will honor retirees

Fort Riley will honor military and civilian employees who will retire soon at its monthly ceremony at 10 a.m. Nov. 29 in Long Gym on Custer Hill. The public is invited to attend.

Top Soldiers to be recognized

Fort Riley will announce the Soldier and Noncommissioned Officer of the Quarter for 1st Quarter, Fiscal Year 2007, at a 4 p.m. ceremony Nov. 21 at Riley's Conference Center.

'Rangers' invade new MOUT facility

By 2nd Lt. R. Eichbauer
2nd Bn., 16th Inf.

New training facility, new training round, same old attitude. If anyone were to say the 2nd Battalion, 16th Infantry Regiment, "Rangers" is a new unit, they might get away with it, even though the battalion has been forming its team and combat identity for almost a year.

The end of October, much of that combat identity showed itself as the unit shouldered the main effort in a brigade field training

exercise. Also recently, the battalion conducted military operations on urban terrain, known as MOUT training and considered very important training for today's Soldiers because urban environments are the most common site of operations in the Global War on Terror.

A common element in an urban environment is the building, and the 2nd Bn., 16th Inf., had four of them built to facilitate their MOUT training. Consisting of four multi-room buildings, the recently constructed training site

offers a platoon-sized element the challenge operating in a 360-degree span.

The new training facility includes a cat walk for evaluators above the ground floor level rooms. The battalion's leaders hope to add multiple story buildings to train Soldiers how to clear stairwells and to use other techniques of clearing a building from the top floors to the bottom.

"It consists of multiple rooms, short rooms, hallways, all single story, a brand new, great complex," said Capt. Richard Taylor, assistant battalion operations officer.

"It forces the leader to make realistic decisions. The buildings are like real houses, which is the point of it all. Then we put live Op For (opposition force). So, they're fighting in an urban environment, (and) now they have a thinking enemy with this complex objective."

"It's going to force our leaders to make decisions which will make them better in the long run. What we have right now is awesome; it's one of the better complexes I've seen in my career," he said.

The "Rangers" conducted their

first MOUT live-fire in the new complex using new training aids — Unit Training Munitions that are a colored wax-tipped round that allows a unit to set up a live-fire exercise almost anywhere without the constrictions of having an impact zone such as that required when using real 5.56 mm ammunition.

Wax rounds make point with Soldiers

Using UTMs also allows the unit to fight against an enemy that can fire back. Being hit with one of the wax-tipped rounds causes some pain.

"When somebody is trying to maneuver on you and shoots you with blanks ... you can get away with being a little bit sloppy," said Sgt. 1st Class Corey King of Company A, 2nd Bn., 16th Inf. "You don't really get the full effects unless it's a force on force, and the UTM really plays that up better than laser or MILES (Multi-Integrated Laser Engagement System) gear, because you're actually seeing and feeling yourself getting hit when you mess up."

Wearing protective gear, the "Rangers" trained on clearing hallways and rooms, dealing with civilians and improvised explosive devices, and maneuvering against a thinking enemy.

"We did incorporate civilians, an elementary school; there was a teacher and boy," said 2nd Lt. Elmar Guseyn-Zade. "We rehearsed that part. Last night there was an IED factory, so we escorted the civilians out of the village before we called for fire to destroy the IED factory. That's not just good for us for planning purposes, but for the men to understand how to work with civilians."

"The biggest thing was confidence from doing that kind of operation, because it's so much different from doing your plain paper targets to having an enemy that thinks and moves and is able to act upon your actions," said Pvt. Nicolas Deninno of Company B.

"Me, personally, and a lot of the guys from my platoon gained a lot of confidence and grew closer as a platoon just having that stress put upon us as we were operating. I had a blast," he added.



2nd Bn., 16th Inf. Photo

Observer/controllers view a 2nd Bn., 16th Inf., squad working its way through a recently constructed "building" used for MOUT training. The Soldiers also used wax-tipped rounds which added a "sting" of realism to the building-clearing exercise.

GEARY COMMUNITY HOSPITAL
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Black Only
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DAILY UNION
3 x 8.5"
Black Only
randmacta of kindness

PATRIOT GROUP
3 x 5"
Black Only
3x5PatriotGroup11/17

ADVANCED DENTALARTS
3 x 5.5"
Black Only
3x5.5 AdvDent Nov TF



ASHLEY HOME STORE
6 x 21.25"
6x21.5 Full Color p411/3





Fort Riley Community Life

Friday, November 17, 2006

America's Warfighting Center

Page 9

Community news briefly

SAS offers free child care

School Age Services will provide free child care from 10 a.m. to 1 p.m. Nov. 18 for families of deployed soldiers and Soldiers who have returned within the past three months.

For more information, call School Age Services at 239-9220.

Free auto repair class offered

The Fort Riley Auto Skills Center will offer a free advanced auto repair class from 6 to 7 p.m. Nov. 23.

For more information, call the center at 239-9764.

Classes given in Spanish

Army Family Team Building classes are now offered in Spanish. For information about the classes, call Becky Willis at 239-9435 or Jacky Porter at 410-6945.

Las clases Construyendo el Equipo de la Familia del Ejército ofrecen información vital a miembros de la familia tocante el mundo a veces confuso del military, un mundo que el soldado experiencia todos los días, pero que puede ser un concepto confundido para el conyuge quien no sabe la diferencia entre PCS y PMCS.

Para mayor informacion, llama a ACS: Becky Willis 239-9435 y Jacky Porter 410-6945.

Stories feature friends, families

"Friends and Families" will be celebrated at Saturday story times in November at the Fort Riley Post Library. The library will celebrate military families with a display of books for all ages about the issues and experiences military families face.

All military families are invited to share a story and a snack at story times every Saturday. The program starts promptly at 1:30 p.m. and again at 4 p.m. Children must be accompanied by a caregiver. In honor of Military Family Week, the story on Nov. 18 will be "My Big Brother" by Miriam Cohen. A little boy learns how to help out at home when his big brother joins the Army.

The Fort Riley Library is located in Building 5306 on Hood Drive. The library is open from 11 a.m. to 6 p.m. Tuesday through Saturday, and from noon to 5 p.m. on Sundays. For more information, call 239-5305.

Commissary sets holiday hours

Pre-Thanksgiving, Nov. 20 – 9 a.m. to 8 p.m.
Thanksgiving, Nov. 23 – Closed
Nov. 24 – 9 a.m. to 8 p.m.
Pre-Christmas, Dec. 18 – 9 a.m. to 8 p.m.
Christmas Eve, Dec. 24 – 9 a.m. to 4 p.m.
Christmas Day – Closed
New Year's Eve, Dec. 31 – 9 a.m. to 6 p.m.
New Year's Day – Closed

Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.

Culture lesson

Kids share their heritage through dance, song

By Anna Morelock
Staff writer

"I see our observances as a window we can look through and learn about other cultures," said Lt. Col. Robert Foutz, the 1st Infantry Division's equal opportunity program manager.

The EO Office staff opened that window Nov. 8 to give Fort Riley audience members a glimpse of the Native American culture during the Native American History Month Observance at Riley's Conference Center.

Students from the Royal Valley school system made a grand entrance to the observance, dancing their way down the center aisle past Soldiers and civilians. The students' bright beaded and feathered costumes contrasted sharply with the business attire and muted colors of the Advanced Combat Uniforms in the audience.

To the rhythmic thumping of drums and chanting of songs, the students, who ranged from kindergartners to high school students, performed several different dances for the crowd.

After the grand entry, the students performed an intertribal dance where each group danced in their own style. Various other dances were performed throughout the observance, including a girl's jingle dress dance and a two-step dance in which each student pulled an unsuspecting audience member into the dance line.

The Royal Valley Native American singers and dancers have been sharing their culture through performances for

See Heritage month, Page 12



Post/Morelock

Santa visits post early

Operation Santa Claus kicks off

By Anna Morelock
Staff writer

Santa Claus made a pre-Christmas visit to Fort Riley on an uncharacteristically warm Nov. 8 to celebrate the ribbon cutting for this year's Operation Santa Claus, a toy drive for Flint Hills-area families who need assistance during the holiday season.

The jolly old elf sliced through the shiny red ribbon strung across the porch of the Operation Santa Claus headquarters – Building 261 on Main Post – with the help of Fort Riley Garrison Commander Col. Thomas Smith and Central Kansas Chapter of the Association of the U.S. Army President Fred Davenport.

"Army Strong" is a strength of character in our Soldiers," Smith said, referring to the Army's new advertising campaign that launched nationwide Nov. 9.

"Army Strong" is the might and majesty of our combat power. But, "Army Strong" is also generosity of spirit of our volunteers and our tenant organizations that support us every day in every way, and today is an example of that kind of warmth," he added before leading the audience in a rendition of "Here Comes Santa Claus" to coax Santa from the building.

After the ribbon cutting, Davenport presented Claus with a

See Claus, Page 11

Dogs to have room to roam on post

By Anna Morelock
Staff writer

Four-legged canine family members will soon have a place at Fort Riley to frolic and call their own. The "Bark Park," a community dog park, will be completed soon, said Fort Riley Garrison Command Sgt. Maj. Michael Mathews.

The park will take up the unused former buffalo corral and mounted color guard remount pasture off Huebner Road on Main Post.

The future park is distant from family housing, so barking dogs won't be a distraction, and it offers plenty of room for the dogs to run. Using that site means very little work and very little cost will be needed to turn it into a dog park, Mathews said.

The gate to the walled and fenced-in area will be replaced to make it a little more user-friendly, Mathews said. The park plan calls for a sort of holding area at the entry gate where dog owners can take pets off their leash and let them get adjusted to the environment before letting them loose into the main park.

Besides the entry gate, benches will be added throughout the park so pet owners can pick up after their animals, and a bin will be available so people can donate trash bags and things for use at

Bark Park benefits:

According to the American Kennel Club, dog parks benefit dogs and their human companions. Here's a list of dog park benefits listed on the AKC Web site, <http://www.akc.org>:

Allows dogs to exercise and socialize safely. Puppies and adult dogs need room to run, and enclosed play areas permit them to do so while preventing them from endangering themselves and others (for example, by running into the path of an oncoming vehicle). In addition, dogs who are accustomed to playing with animals and people other than their owners are more likely to be well-socialized and react well toward strangers.

Promotes responsible dog ownership. Dog parks prevent off-leash animals from infringing on the rights of other community residents and park users, such as joggers, small children and those who may be fearful of dogs. Parks also make it easier for a city to enforce its leash laws, as resident dog owners with park access have no reason to allow their canine companions off-leash when outside the park.

Provides an outlet for dog owners to socialize. Dog parks are a great place for owners to meet other people with common interests. The love people share for their dogs reaches beyond economic and social barriers and helps to foster a sense of community. Park users also benefit from the opportunity to ask questions of other owners and find solutions to problems they might be having with their pet.

Make for a better community by promoting public health and safety. Well-exercised dogs are better neighbors who are less likely to create a nuisance, bark excessively and destroy property. Their presence in the park, with their owners, also helps to deter crime.

the park.

"Pets are part of the family," Mathews said, adding that establishing the park is really just a small thing that will add many

benefits to the Fort Riley community. "A lot of people are really into their pets, so we're thinking we're going to get a pretty good response out of it. It's a win, win

for everybody."

Anna Morelock can be contacted at anna.morelock@riley.army.mil or 239-3032.



Post/Morelock

Zero to 3 helps with separation

By Mike Heronemus
Editor

"My mommy is away. And I miss her."

"She is not here right now."

"She is there."

"There" could be anywhere away from home for a Fort Riley Soldier. For some it's Iraq. For others it's the Horn of Africa. Still others may be away from home for retraining or special schooling.

The only thing an infant or toddler knows, however, is that mommy or daddy isn't at home anymore, and that can be very disturbing for them.

Program eases separation anxieties

The Zero to Three program is offering to help families ease the anxieties of their toddlers with several publications that will help parents coach their children through trying times, such as deployments.

The booklets, posters, flyers and information cards will be distributed to military family members through several means on and off post, said Sherilyn Singleton, Child and Youth Services administrator on post.

She met with several represen-

See Zero to 3, Page 11





Post/Heronemus

Fort Riley youngster wins contest

Fort Riley family member Ashley Vaughan, explains what she included on her winning poster in the Sundowners Lions Club's annual contest for Junction City students age 11 to 13. Ashley, 12, attends St. Xavier school in Junction City. She used a picture of the globe flanked by peace signs and circled by doves to portray the contest's theme of "Celebrating Peace." Representatives of the Lions Club making the presentation are (left to right) Vice President Manny Pasquil, President Freddie Hayes, and Past President Judy Rosa. Ashley is the daughter of Jon and Cynthia Eriksen. Ashley's poster will advance to regional competition. If she wins there, it goes to state competition. If it wins there it will be entered in the international competition, with a chance to win \$2,500 and a trip for two to New York City for United Nations Day.

Students celebrate vets, experience history

By Debbie Bengtson

Assistant to the Superintendent

Twenty-three Junction City military veterans and active duty military personnel with experience spanning World War II through the Global War on Terrorism were interviewed by Lincoln Elementary School fifth-graders in Junction City Nov. 8 as part of a class unit on non-fiction writing.

"I enjoy talking to young people," said retired 1st Sgt. Albert Curley. Curley served in WWII, Korea and Vietnam. "The Army I served in is different than the Army of today. The only way young people can learn about that is by talking to a veteran."

Curley was recognized for his service to the community at the Veterans and Military Appreciation Banquet Nov. 4.

Amy Roether and Angie Lister, fifth-grade teachers at Lincoln, decided the students should interview some of the community's veterans as a way to learn about non-fiction literature and to teach them about the accomplishments and sacrifices of local veterans.

"We have amazing people and an amazing history right here in Junction City," Roether said. "In the end, we hope that is what the students learned."

In preparation for the big day, students researched Veterans Day, watched videos regarding military achievements, learned about military uniforms and visited every war memorial in Junction City.

Additionally, the sports editor for the Junction City Daily Union, Bo Allegrucci, gave students a crash course on organizing for an

interview.

Each student was assigned a veteran to interview. Students spent a class period with the veterans, asking them questions about their experiences.

Veterans brought maps, photographs, medals and other items of interest to show the students.

Two active duty Soldiers just home from Iraq brought a tri-fold presentation displaying Iraqi money and explaining Iraqi history.

"The students were captivated," Roether said, "but, it was especially interesting to watch the younger veterans listen as the

older veterans told their stories."

Nick Frakes, fifth-grade student, learned about non-fiction writing but recognized something very important. "We should care for our veterans and always respect them," he said.

Students were to complete the non-fiction unit the following week by writing biographies of the veterans they interviewed. The biographies will be bound in a booklet and given to each veteran and student who participated in the project.

Roether and Lister intend to do the project again next year. "I could have never taught them what they learned," Lister said. "History came alive for them."



Courtesy photo

Fifth-grader Will Ervin interviews retired 1st Sgt. Albert Curley Nov. 8 as part of a class unit on non-fiction writing.

KPA
2 x 4"
Black Only
korean dept. of health and envr

KPA
2 x 4"
Black Only
scrapbook garden

STATE FARM INSURANCE
1 x 6"
Black Only
1x6 .NOVTF11/3.1944.1k

DeCA takes scholarship applications

By Bonnie Powell

Army News Service

FORT LEE, Va. — Gas prices are biting into the family budget, interest rates are rising and college tuition is outpacing inflation. But, relief is in sight for military families as the 2007 Scholarships for Military Children program opens.

Applications for 2007, which include an essay on "how and why" the applicant would change an historical event, must be turned in at a commissary by close of business on Feb. 21, 2007. At least one \$1,500 scholarship will be awarded at every commissary location with qualified applicants.

The program is open to unmarried children under the age of 21 (23 if enrolled in school) of military active-duty, Reserve, Guard and retired personnel. Eligibility will be determined using the Defense Enrollment Eligibility Reporting System database. Applicants should ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current ID card.

The applicant must be planning to attend or already be attending an accredited college or university full time in the 2007 fall term or be enrolled in a program of studies designed to transfer direct-

ly into a four-year program.

Applications for the \$1,500 scholarships are available at 264 commissaries worldwide, or can be downloaded at www.commissaries.com, www.militaryscholar.org, or www.dodea.edu.

"Scholarships for Military Children is a wonderful military community program," said Patrick Nixon, Defense Commissary Agency director and chief executive officer. "Nearly 3,000 scholarships totaling over \$4 million have been awarded since the first awards were given in 2001."

The \$1,500 scholarships are available for children of military active duty, retired and Guard and Reserve servicemembers. Most of the funds are donated by manufacturers, brokers and suppliers selling groceries in commissaries, and every dollar donated to the program by industry or the general public goes to fund the scholarships. The program is administered by the Fisher House Foundation.

A significant number of scholarships, about 10 percent every year, go to high school students at DoD schools overseas.

"Every cent that community organizations can mobilize to support college-bound students is an investment in the future," said Joseph Tafoya, director of the

Department of Defense Education Activity.

"With college costs soaring, our DoD students and their parents appreciate every available scholarship to help defray the cost, and the scholarships enable many of our families to better afford the tuition and provide an incentive for students to work hard," Tafoya said. "They also demonstrate that military communities are committed to education and increased opportunities for all students."

The scholarship program also has made inroads to increasing support from the "nonmilitary" community. California high school students sponsoring golf tournaments in 2006 raised thousands of dollars to donate to the program, and for 2007, a private foundation has made a substantial donation.

"We're excited to see this worthwhile program gaining recognition and funding from the community at large," said Jim Weiskopf, vice president of communications at Fisher House Foundation. "Commissary industry support has been amazing and increased public support can only help ensure that the Scholarships for Military Children program continues to benefit the military community for many years to come."

HORTICULTURAL SERVICES

2 x 4"

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2x4 Hort. Svc. Holiday Happening

GEICO- AFC

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Community news briefly

Shoppe offers holiday gifts

The Fort Riley Shoppe in the U.S. Cavalry Museum is now open six days a week.

The Shoppe's hours are 10 a.m. to 2 p.m. Monday through Friday and 11 a.m. to 3 p.m. Saturday.

The Shoppe offers a selection of Fort Riley gifts, hard-to-find military gifts, historical items and hand-crafted items. The Shoppe adds new vendors monthly and receives new inventory weekly.

The Shoppe needs volunteers to cover the Shoppe's hours of operation. Volunteers receive a \$25 gift voucher for volunteering five times, plus reimbursement for child care anytime they volunteer.

Volunteer training is given from 10 a.m. to 2 p.m. every Wednesday.

For more information, call Shannon DelBorrell at 784-4231.

Thrift shop changes hours

The Fort Riley Thrift Shop is now open Tuesday through Thursday from 9:30 a.m. to 2:30 p.m. and the first and third Saturday of the month from 10 a.m. to 1 p.m.

For more information, call the Thrift Shop at 784-3874.

Zero to 3

continued from page 9



More information

Zero to Three's mission is to support the healthy development and well-being of infants, toddlers and their families.

It is a national, nonprofit, multidisciplinary organization that advances its mission by informing, educating and supporting adults who influence the lives of infants and toddlers.

To contact program representatives, send mail to Zero to Three; National Center for Infants, Toddlers and Families; 2000 M Street, NW, Suite 200; Washington, DC 20036; call (202) 638-1144 or go online at www.zerotothree.org/military.

tatives of post child service organizations, a child health representative and a school district representative Nov. 8 to determine how to spread the information provided in the materials and other ways to present the suggestions on helping young children adjust to emotionally stressful situations.

"We'll display and share the materials with parents and use them in more parent education classes," Singleton said. The Parents as Teachers Program in Geary County Unified School District 475 will use the materials in their programs for parents, she added.

Group plans to spread word

The representatives meeting Nov. 8 made plans to spread the materials to military families living in Geary, Riley, Clay and Pottawatomie counties, Singleton said.

On-post, materials will be available at Army Community Service, Exceptional Family Member Program, Family Advocacy Program, Child and Youth Services, Irwin Army Community Hospital and the Women, Infants and Children program, she said.

Off-post, Singleton plans to provide materials to local pediatricians, women's health clinics, Pawnee Mental Health clinics, social work services and the Kansas State University lab school where students are studying to become early childhood teachers and professionals.

Besides the printed materials being made available, Singleton said military parents will be urged to go online to the Zero to Three

Web site, www.zerotothree.org/military, to find lots more information that can help them help their children adjust to disruptions in normal family life, including moves and separations.

Mike Heronemus can be contacted at mike.heronemus@riley.army.mil.



Garrison Commander Col. Thomas Smith, Santa Claus, and Kansas Chapter AUSA President Fred Davenport cut the red ribbon at Operation Santa Claus headquarters Nov. 8. Operation Santa Claus is a toy drive to collect new toys for children in the Flint Hills area who might otherwise not get present to unwrap on Christmas.
Post/Morelock

Claus

continued from page 9

\$5,000 check from the AUSA chapter for the volunteer effort.

"Operation Santa Claus is a cooperative effort between Fort Riley and AUSA to give gifts and holiday cheer to children who might not otherwise have the opportunity to open presents on Christmas," said Maj. Deborah C.

Wright, the garrison operations officer in charge. "As Operation Santa Claus continues to grow each year in both donations and need, we continue to adjust our goal accordingly," she added, including that this year the group planned to exceed last year's donations.

Besides accepting donations in boxes placed around Fort Riley, Operation Santa Claus is also looking for volunteers to collect and wrap presents.

For more information on how to give time to help spread holiday cheer, call the Operation Santa Claus hotline at 239-6944.





Heritage month continued from page 9



Post Morelock
The Royal Valley dancers lead Fort Riley Soldiers, including Maj. Gen. Carter Ham (right), 1st Inf. Div. and Fort Riley commanding general, and 1st Inf. Div. Command Sgt. Maj. John Fourhman (center) around Riley's Conference Center in a two-step dance Nov. 8 during the Native American Heritage Month Observance.

more than 12 years. It is the only school-sponsored Native American dance group in Kansas and has earned the title of "Best Native American Dance Group in the Midwest."

Besides witnessing the Native American culture through dance, Foutz shared information on Native Americans in the military with the audience.

Native Americans participated with distinction in U.S. military action since before the Revolutionary War, he told the group. An estimated 12,000 Native Americans served in the military in World War I.

More than 44,000 served in World War II, a time when the Native American population in the United States was less than 350,000.

In Vietnam, more than 42,000 served. Of those 42,000, more than 90 percent were volunteers, Foutz said.

Today, nearly 25,000 Native Americans serve in the armed forces. More than 2,500 of those are in the Army. More than 100 Native Americans are stationed at Fort Riley.

Community news briefly

Dining halls set holiday meals

Fort Riley dining facilities will open for family dining on Thanksgiving Day.

The meal costs \$5.20 for family members of Soldiers in pay grades E-5 and up. The family member meal rate for Soldiers E-4 and below is \$4.30.

The Main Post Dining Facility will be open from 11 a.m. to 3 p.m. for the Thanksgiving meal.

The Division Support Command/1st Brigade Combat Team Dining Facility will be open from 11 a.m. to 2 p.m. for the Thanksgiving meal.

The Combat Aviation Brigade/3rd Brigade Combat Team Dining Facility will be open from 11 a.m. to 2 p.m. for the Thanksgiving meal.

The 4th Infantry Brigade Combat Team Dining Facility is

closed until Nov. 27.

Dining Facility No. 1 at Camp Funston will be open from 11 a.m. to 3 p.m. for the Thanksgiving meal.

Dining Facility No. 2 at Camp Funston will be closed until Nov. 27.

For more information, call Chief Warrant Officer Jasper Lee Jr. at 240-1232.

Chaplains sponsor coffee

Higher Grounds Coffeehouse, sponsored by 1st Infantry Division chaplains, is open 8 to 10 p.m. every Friday in the Internet Café, Building 8067 on Normandy Drive.

All Soldiers and family members are invited to stop by for free food, live entertainment and Bible study.

For more information, call 239-5463.

DAILY UNION
6 x 15.5"
Black Only
Service directory Nov post./du/



Fort Riley supports area celebrations

Staff report

In honor of Veteran's Day, Soldiers from Fort Riley participated in several events across Kansas.

Manhattan hosted a Veteran's Day parade Nov. 10 which included a color guard, the 1st Infantry Division Band, the Commanding General's Mounted Color Guard and a "Humvee" from Fort Riley. Students from Custer Hill Elementary School at Fort Riley also walked in the parade.

A plaque on the front of the eagle statue in front of the Manhattan courthouse recognizes the contribution of all American veterans. The statue was unveiled Nov. 10 after the Manhattan Veteran's Day Parade.

Post/Morelock



Fort Riley and 1st Inf. Div. Commanding General Maj. Gen. Carter Ham and Fort Riley Garrison Command Sgt. Maj. watched the parade from the reviewing stand.

Across Kansas in downtown Leavenworth, the 1st Inf. Div. Band and the CGMCG led the Leavenworth County Veteran's Day parade Nov. 11.

Fort Riley Soldiers also participated in Veteran's Day activities in Eskridge and Ottawa, Kan., Nov. 11.



A trombonist with Fort Riley's 1st Inf. Div. Band plays while marching up Delaware Street in downtown Leavenworth, Kan., during the Veterans Day Parade Nov. 11, 2006. Fort Leavenworth Lamp/Siebert



Post/Morelock

Maj. Gen. Carter Ham, 1st Inf. Div. and Fort Riley commanding general, and retired Air Force Gen. Richard Myers unveil a bronze eagle statue in front of the Manhattan courthouse Nov. 10 after the Veteran's Day parade. The statue was donated to the city by an anonymous donor.



Post/Morelock

A "Humvee" from Fort Riley drives past the Manhattan courthouse Nov. 10 during Manhattan's Veteran's Day parade.

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3 x 2"
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3x2 4x4 Land Nov TF

LIVING WORD CHURCH - MANHATTAN
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3 x 7"
Black Only
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PANASONIC COMPUTER SOLUTIONS C
6 x 21.25"
Black Only
720990 fc on the move





Fort Riley Sports & Recreation

Friday, November 17, 2006

America's Warfighting Center

Page 15

Sports news in brief

Field house closes for work

King Field House will be closed from Nov. 17 through Thanksgiving Day. Sealing and painting of lines on the gym floor will cause fumes that are a safety hazard.

Association sponsors run

The National Infantry Association will sponsor the first 5K Polar Bear Run on Fort Riley Dec. 16. The start and finish point is King Field House.

The run starts at 10 a.m., and walkers are welcome. Cost is \$15 before the run, \$20 the day of the run. A T-shirt will be provided.

To register for the run or for more information, call 1st Lt. Ed Ziembinski at 239-1447 or 239-1448 or send him email at Edward.ziembinski@riley.army.mil.

FRMS wrestles with Manhattan

The Fort Riley Middle School Wrestling Team competed in a double dual meet Nov. 7 with Anthony and Eisenhower middle schools of Manhattan. No team scores were kept.

Tommy Hoolehan and B.J. Tremble won three matches each.

Jaclen Gadson, Derrian Bibbs, Austin Parton, Rankie Zachar, Bucimi Salgado, Dylan Soper and Rebecca Dirks won two matches each.

Cody Skinner, Ryan Thomson, Mike Vacanti and Chadd Miller won one match each.

ITR offers Chiefs tickets

The Fort Riley Information, Ticketing and Registration Office across the parking lot from the Main PX has tickets to Kansas City Chiefs games against the Oakland Raiders Nov. 19, the Denver Broncos Nov. 23, The Baltimore Ravens Dec. 10 and the Jacksonville Jaguars Dec. 31.

Cost is \$70 to \$85 for tickets and coach bus transportation.

For more information, call 239-5614.

Bowling lanes events listed

Custer Hill lanes is open daily for lunch from 11 a.m. to 1 p.m.

Nov. 17 - 5 to 8 p.m., Friday Family Night with Bowling and Buffet

Nov. 18 - 4 to 7 p.m., Extreme Bowling

Nov. 19 - 11:30 a.m., Sunday Football in the Strike Zone Pub

Nov. 19 - 5 to 7 p.m., Extreme Bowling

Nov. 20 - 6:30 p.m., Monday Night Football

Nov. 22 - 5 to 7 p.m., Wednesday Wing Night in the Bar

Nov. 24 - Training holiday, no Friday Family Night

Custer Hill Bowling Center, Building 7485, offers open bowling 5 to 11 p.m. Tuesdays through Thursdays, 5 to 10 p.m. Fridays and 3 to 11 p.m. Saturdays.

For more information about Bowling Center activities, call 239-4366.

Second try hits 'tom' bulls eye

By Lt. Col. Christian Kubik
Public Affairs Officer

Two 3rd Brigade "Bulldog" hunters on Fort Riley have their Thanksgiving turkeys in the freezer. Capt. Lavell "Bo" Bradshaw and Sgt. Bruce Alford, both of Headquarters and Headquarters Company, 2nd Battalion, 70th Armor, teamed up to bag two trophy tom turkeys in late morning Oct. 28.

Bradshaw, the company executive officer and battalion S4, and Alford, a supply sergeant, were hunting together when they spotted a rafter of turkeys at the north end of Fort Riley's training area. When they first tried to hunt down the birds, the turkeys simply van-

ished.

That's when they first realized they were probably not dealing with a gang of juvenile, spring-born turkeys. These were big boys.

In the fall, turkeys tend to congregate in separate groups. Hens and their poults from the spring will travel together, sometimes linking up with another hen and her brood to form a flock of 20 or so. Because the poults are only five months old, they are more easily taken by hunters.

The mature male turkeys, called "toms" or "gobblers," form up and travel in bachelor gangs and are very difficult to kill. Some gobblers are killed in the spring season during turkey mating sea-

son, but toms killed in the fall are very rare.

So, although Bradshaw and Alford were disappointed, they were not surprised. The veteran hunters knew the chances of getting a fall tom were slim to none. But, as they were walking out, Alford asked Bradshaw, "Why not take one more swing through the area?"

That was a fortunate decision. The hunters spotted the rafter of toms under a patch of cedar trees about 300 yards away and began their second stalk.

As Alford tells it: "We sneaked from cedar tree to cedar tree, staying low, when we spotted them."



Photo provided
Capt. Lavell Bradshaw and Sgt. Bruce Alford, both of the 3rd Bde., pose with tom turkeys they shot on Fort Riley.

See Turkeys, Page 17

Flag champs

Aviation unit flies high to win title

By Mike Heronemus
Editor

A Knights defensive player put an exclamation point on a tough defensive effort, intercepting a pass near the opponent's goal line to end the game and hand this year's flag football trophy to an new aviation unit on post.

Company A, 601st Aviation Support Battalion, stymied Battery B, 4th Battalion, 1st Field Artillery, offensive efforts in the second half to win the post tournament 19-13 Nov. 9.

The Knights started on offense with players lined up on their 20-yard line and spread across the entire field. They advanced only 11 yards in three plays but combined on a two-pass play and run on fourth down that went all the way to the end zone for the first score of the game.

They failed to convert for the extra point and the Artillery took over on their 20-yard line.

The Artillery blasted through Knights defenders to their opponent's 12-yard line on the first play from scrimmage. The next play took them to the 1-yard line, but an incomplete pass on the next down kept them right there, bringing up fourth down.

A pass right over the goal line tied the score at 6-all and the Artillery lined up for the extra point attempt. They made it and led the Knights 7-6 after just eight plays of the 12-play first quarter.

The Knights advanced to the Artillery 5-yard line just before the first quarter ended, but they failed to take advantage of the excellent field position, throwing an incomplete pass.

The Artillery intercepted the next pass to end the drive and took control on their own 20.



Post/Heronemus
An Artillery receiver leaps high in front of the goal line to catch a pass in the post flag football championship game Nov. 9 at Sturgis Stadium. The Co. A, 601st ASB, "Knights" won the post title, 19-13.

See Football, Page 16

Wilk wins Shooto 'belt'

By Mike Heronemus
Editor

One of the Barton County Community College combatives instructors at Fort Riley wears a championship belt after the Shooto full contact martial arts tournament in St. Louis Oct. 20.

Joseph Wilk (155 pounds) won the lightweight feature match in the Shooto sanctioned competition.

In martial arts competitions, the titles belong to the shows, Wilk explained. So, he will only fight to retain the belt in another Shooto-sponsored show. Shooto is a Japanese organization that has expanded to the United States.

Wilk's bout was scheduled for two five-minute rounds against an undefeated champion, but Wilk claimed the title for his own just 41 seconds into the first round.

He fights again Dec. 9 in Kansas City, Mo., in a show organized by a different promoter, so his belt is not on the line.

All the combatives coaches at Fort Riley compete, Wilk said. "I really like to test my skills and test the Army fight plan in realistic situations. As a civilian, actual competition is as real as I can get," he said.



Joseph Wilk

Winter tougher for wildlife than for humans

By Gibran Suleiman
Fish and Wildlife Biologist
Conservation Division



Gibran Suleiman

For most of us, wintertime is nothing more than an inconvenience. We find ourselves dreading having to run out into the frigid mornings to warm up the car because we don't want to scrape the windows.

On those real snowy winter mornings, we find ourselves glued to the radios praying that work or school will be cancelled because everyone knows how nice it would be to crawl back into a warm bed on a cold ugly morning and miss work.

On the Wildside: News About Nature

But imagine if you lived in a world with no central heat, no insulated walls to stop the 30 mph gusts or not even clothes to protect your skin.

That's the reality wildlife in cold winter climates face, and if they don't deal with it seriously, wintertime will deal with them. Being ectothermic, or cold-blooded, has its pros and cons when it comes to wintertime.

For snakes and lizards, the main disadvantage of being cold-blooded is that all of the body's processes

become extremely slowed as the temperature drops.

For example, while a mouse may have no problem scurrying away from hungry coyote in 40-degree weather, a snake might not be so lucky. To make matters worse, if any ectotherms are caught out when the temperature falls much below freezing, they will freeze and die.

The main advantage of being cold-blooded is that the animal is able to go extremely long periods

without any food. In one experimental situation, a snake lived more than two years without a single meal and successfully started to feed again.

Snakes and lizards in Kansas spend most of the winter underground. The most common winter denning sites or hibernacula are rocky outcroppings on the side of hill. Small openings in the rocks enable reptiles to go underground far enough that the threat of freezing is removed. Occasionally, snakes will get into basements, entering through cracks in the foundation.

See Wildside, Page 17





Sports news in brief

Pool classes, activities listed

Nov. 20 – 5:45-6:30 p.m.,
Abs/Buns and Thighs
Nov. 21 – 5 to 6 p.m.,
Water Aerobics
Nov. 22 – 5:45 to 6:30 p.m.,
Abs/Buns and Thighs
Nov. 23 – Holiday, no water
aerobics
For more information, call
239-4854.

Lanes offer new programs

Penny A Pin Bowling will
be from 11 a.m. to 1 p.m.
Monday through Friday.
Bowlers can play and pay only
a penny for every pin they
knock down. Anyone who
bowls a 200-plus game pays
nothing.
Spin-to-Win Tuesday
Nights will be from 6 p.m. to
close. Before bowling, spin the
needle to see how much it will
cost. Some may bowl for free.
Wing Night Wednesday
offers bowlers 25-cent wings
from 5 to 8 p.m.
Family Buffet and Bowling
is offered from 5 to 8 p.m.
every Friday. Kids under 3 are
free. Kids 3-11 pay \$4.95 for
buffet only or \$9.95 for buffet
and bowling. Bowlers 12 and
older pay \$7.95 for buffet only
or \$12.95 for buffet and bowl-
ing.

Bowling buffets include
shoes and games.

Lanes are limited during
league play.

The Strike Zone Pub in
Custer Hill Lanes offers Sun-
day football beginning at
11:30 a.m. and Monday Night
Football with bar snacks avail-
able.

Call 239-4366 for more
information.

Instructor offers Aikido

Aikido instruction will be
offered by Daniel Hayes from
7 to 9 p.m. Tuesdays and
Thursdays and from 11 a.m. to
1 p.m. Saturdays in Long Fit-
ness Center on Custer Hill.

All Soldiers and Depart-
ment of Defense family mem-
bers 18 and older can partici-
pate.

For more information, call

Sgt. William Kinsman at 239-
5716 or staff members at King
Field House or send e-mail to
william.kinsman@riley.army.
mil.

Firearms range open on post

Fort Riley's Range 9 for
privately owned firearms is
open from 10 a.m. to 3 p.m.
for use on weekends by autho-
rized patrons.

Confirmed open dates are
Nov. 18, weather permitting.
The range may be open other
days or those confirmed dates
may change. Anyone wanting
to use the range should first
check with Outdoor Rec at
239-2249 to confirm the range
is open.

All shooters must bring
hearing protection. No water is
available. Target stands and
targets are available at no cost.

ALEX'S AFFORDABLE EYE-
WEAR
1 x 4"
Black Only
1st Alex's Nov TF



Fort Riley intra-
mural sports direc-
tor Barry Sunstrom
(right) goes over
basic rules for the
post flag football
championship game
Nov. 9 with captains
of Btry. B, 4th Bn.,
1st FA, (rear) and
the Co. A, 601st
ASB, Knights (fore-
ground). The
Knights won the
post title 19-16.
Post/Heronemus

Football

continued from page 15

Using a running offense speck-
led with short passes, the Artillery
moved to the Knights' 19-yard
line and then benefited from a
pass interference call that put the
ball on the 10-yard line.

An anxious Knights squad suf-
fered an off-side penalty as the
next play began and that put the
ball on the 5.

From there, the Artillery quar-
terback scampered to the left side
and into the end zone for another
touchdown and a 13-6 lead over
the Knights.

The Artillery began offensive
play in the third quarter but was
forced to kick on fourth down
when they could get no further
than their own 21-yard line.

The Knights returned the kick
to their 22-yard line, and then

advanced to the 38 on a run and
pass combination. The next play
took them to the Artillery 17 and a
first down.

The Knights' quarterback
scrambled a bit on the field before
aiming the ball at a receiver in the
end zone and moving to within a
point of the leaders.

The successful point after
touchdown attempt tied the score
at 13-all. Four plays later, the
Artillery shot a blank from their
35-yard line and the Knights took
control of the ball.

Another four plays later, the
Knights lined up on the Artillery
4-yard line and completed a pass
for the final 6 points of the game.

Mike Heronemus can't be con-
tacted at mike.heronemus@riley
.army.mil.

Tournament scores

Game 1 – HHC, 1st Inf. Div., defeated HHC, 1st Bn.,
41st Inf., 32-12

Game 2 – Btry. B, 4th Bn., 1st FA, defeated HSC, 601st
ASB, 26-14

Game 3 – Co. A, 601st ASB, defeated MEDDAC 41-27

Game 4 – Co. B, 101st FSB, defeated 596th Signal Co.
41-39

Game 5 – Btry. B, 4th Bn., 1st FA, defeated HHC, 1st
Inf. Div., 21-14

Game 6 – Co. A, 601st ASB, defeated Co. B, 101st FSB,
27-20

Game 7 – Co. A, 601st ASB (Knights), defeated Btry. B,
4th Bn., 1st FA, 19-13

VALASSIS- AFC
5 x 13"
Black Only
725703 thank you sprint

HOUSE
FILL AD

HOUSE
FILL AD



Wildside continued from page 15

During hibernation, very little activity takes place until spring.

Facing just the opposite problem of snakes are the birds. Because most birds maintain a constant body temperature of around 102 degrees, they are unable to enter a hibernation-like state. They must constantly eat in order to stay alive. This leaves birds with two options: love it or leave it.

For the majority of birds that breed in Kansas, leaving to go a warmer climate is the way to go.

But a group of hardy wintertime residents will remain and tough out the winter. Common Kansas wintertime species are juncos, chickadees, titmice and cardinals. Many different factors become very important to songbirds during the winter.

...
During cold spells, birds must balance their energy expenditures very wisely. If a bird spends a lot of energy looking for a small amount of food, it can spell disaster for the

bird. While birds might not have central heat, they do know that certain types of trees, like cedar trees, protect them from stinging winds far better than others.

During periods of heavy snow cover and ice, food can be almost impossible to find for songbirds. Luckily for birds, living near people can make life a little easier.

Some birds become completely reliant on using birdfeeders, so it is important that once someone puts up a feeder, they keep it full all winter long.

...
Mammals fall in-between reptiles and birds when it comes to wintertime activity. A general rule for mammals is the smaller they are, the higher their metabolism. Mammals, unlike reptiles, must eat throughout the winter, so a solid state of hibernation is not practical.

Many small mammals go

through states of drastically reduced activity, or torpor. During this time, metabolic processes such as heart rate and breathing become considerably reduced.

...
This allows them to essentially sleep through the coldest parts of winter by reducing the amount of food intake needed to survive. They will occasionally become active to feed on stored foods or to leave their den to find new food sources.

The larger mammals of Kansas stay relatively active throughout the winter. As for other animals, food items can become extremely hard to find during the toughest parts of winter.

For many older or unhealthy animals, this becomes the last straw for them and they become nourishment for scavengers, such as coyotes or crows.



Photo provided

Hunter bags '5 by 5' buck

Lt. Col. Chris Kubik, public affairs officer, poses with "5 by 5" buck he bagged recently while hunting at Fort Riley. "5 by 5" means the number of scorable points on each antler.

We could only see the tops of their heads."

The toms were in an area with tall grasses and brush. Only two turkeys were actually visible to the hunters.

They worked out their plan: Alford would shoot from the right side of the cedar tree while Bradshaw would shoot from the left. They had not been spotted.

"On the count of three," Alford whispered. "One . . . two . . . three!"

The guns went off, triggering a chaotic dispersion of turkeys. "Eight to 12 more toms got up. Some flew and some ran, but there were two of them flopping

on the ground."

The two hunters had done their work well, killing trophy toms with 11-inch beards and 1 1/8-inch spurs.

Alford learned to hunt in his home state of Georgia at the age of 12, but this accomplishment ranks at the top, he said. This was "a chance in a lifetime thrill," he exclaimed.

Bradshaw grew up hunting as well, with experience primarily hunting ducks and deer. He killed a spring gobbler this year with a 9-inch beard, "but when I saw how big the beard was on this tom, I was really proud," he said.

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PINNACLE FLOORING
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CINEMA 12/MANHATTAN, KS
2 x 5.5"
Black Only
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Joe Nemechek drives to an 18th-place finish at Texas Motor Speedway Nov. 5 in spite of a broken axle that dropped him from 15th place to 27th place about two-thirds of the way through the race.

Army News Service



Nemechek battles back to 18th place

Army News Service

FORT WORTH, Texas — Though Joe Nemechek fought a handling problem and a broken axle, the U.S. Army driver managed to notch an 18th-place finish Nov. 5 at Texas Motor Speedway.

It was the fifth-straight top-20 performance for Nemechek, who has also had two top-10s during this period.

"It was rough out there. This is a tough track," said Nemechek,

who was running 30th with 100 laps remaining in the 339-lap race.

The handling issue on the Army Chevrolet was one thing, but the big blow came during a pit stop on Lap 195 when Nemechek was running in 15th place.

As the 01 car left pit road after a quick stop, the rear axle broke, forcing Nemechek to make additional pit stops to repair the problem.

The Army team fixed the axle,

but Nemechek lost one lap in the process and fell to 27th in track position.

"That was a weird and costly deal," Nemechek said. "It put us in a big hole, but as we have done so many times, we managed to climb out of the hole and salvage

a decent finish."

The next stop for Nemechek and the Army team the Checker Auto Parts 500 at Phoenix International Raceway Nov. 12. The final race of the season will be Nov. 19 at Homestead-Miami Speedway.

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Soldiers take it on chin for ‘heritage’

By **Spc. Andrew Orillion**
1st Armored Div.

Twelve Soldiers from locales across Germany traded blows and even knocked each other unconscious Oct. 20, yet not a single Article 15 was issued. It all happened in the boxing ring.

In honor of Hispanic Heritage Month, the Wiesbaden Fitness Center hosted an amateur boxing match organized by Jon Lacey, the Moral, Welfare and Recreation sports programmer.

“Although this is a boxing match, the focus is still on Hispanic Heritage Month,” Lacey said. “Hispanics have a long tradition of excellence when it comes to boxing, and this event is meant to highlight that.”

The event was conducted in open tournament style with mostly novice boxers. The evening featured six bouts with weight classes ranging from lightweight to super heavyweight.

Because the event was amateur boxing, which relies more on technique than brute force, the judges played a greater role than normal.

“As a judge, the main thing I look for is adequate punches, ones that actually connect,” said Travis Watford, an MWR employee and judge for the event. “It takes a bit of practice because you have to know what to look for.”

An ex-boxer, Watford knows all about the mechanics of boxing and what makes a good amateur bout.

“A good amateur bout relies on good pairings of fighters, which we have tonight,” Watford said. “You also want fighters who are knowledgeable about the sport.”

For those thinking of entering the ring, Watford offered the following advice.

“You need to get the proper training. Even wearing protection you can still get hurt,” Watford said. “It can take about one or two

months of solid training before you’re ready to step into the ring.” Beyond pure physical ability, boxing requires a very high level of endurance and knowledge of the fundamentals of the “sweet science” in order to succeed, Watford said.

The event drew a good-sized crowd to the fitness center and, although the event got started late, their enthusiasm never dampened, Lacey said.

“I think the appeal of boxing is that it is a stand-alone sport; it is all on the individual,” Lacey said. “I want these boxers to come away with a competitive spirit.”

It was this competitive spirit that drove Daniel Sanders into the ring that night.

“I got into boxing because I like to try new things,” Sanders said. “My main motivator was my platoon sergeant.”

To prepare him for the rigors of the boxing ring, Stephen Mose

made Sanders and his fellow boxers do up to two extra hours of physical training a day.

“The extra PT was mostly muscle failure to help build up your endurance,” Sanders said. “We also did a lot of sparring.”

This was Sanders’ second boxing match, having fought previously in early September.

“My first fight went well. I got a first-round knockout,” Sanders said. “Tonight, I’m going to take it slow and see what my opponent has.”

Sanders’ opponent, Spc. Eric Mendivi, also of Company C, 123rd MSB, wound up having too much for Sanders, who lost by knockout.

“The first three fights were very good and the evening went well despite some technical problems that kept us from starting on time,” Lacey said. “Everyone enjoyed themselves and ... no one got seriously hurt.”



1st Armored Div./Orillion

Daniel Sanders connects with a jab during his boxing match Oct. 20 at the Wiesbaden Fitness Center. Sanders would end up losing the fight by knockout. This event, which featured six different matches, was held in celebration of Hispanic Heritage Month.

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Travel & Fun in Kansas

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America's Warfighting Center

Friday, November 17, 2006

Leisure time ideas

At the movies:

Doors open at 6:30 p.m. Tickets cost \$3.50 for adults and \$1.75 for children 11 and under. Children under the age of 5 are free except during children's matinees or expected sell-outs.

Nov. 18 – 1 p.m., Everyone's Hero, G, 86 min.

Nov. 18 – The Marine, PG-13, 91 min.

Nov. 19 – Employee of the Month, PG-13, 103 min.

Nov. 24 – The Departed, R, 149 min.

Nov. 25 – Man of the Year, PG-13, 115 min.

Nov. 26 – Flicka, PG, 95 min.

For more information, call 239-9574.

ITR helps plan get-aways

The Information, Ticketing and Registration office in Building 6918 at Fort Riley has lots of travel information, and the staff can help set up brief trips and longer vacations.

Here's a sampling of what ITR has to offer.

Rolling Hills Zoo – Located amidst the rolling hills of western Saline County, this section of Kansas prairie has been transformed into a beautifully landscaped zoological park.

More than 85 species of animals are on exhibit. Discount tickets are now available through ITR.

Silver Dollar City – Childhood dreams come to life at Silver Dollar City with adventures beyond your wildest imagination.

Buy your adult ticket and get a child's ticket free.

Let ITR put together a weekend get-a-way to Branson, Mo. Numerous discounted show tickets and hotel accommodations.

For more information, call 239-5614 or 239-4415.

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Post/Heronemus

The historical Seelye Mansion in Abilene puts on special "dress" for each Christmas holiday season, and this year's decorations are guaranteed to not disappoint visitors.

Seelye Mansion dons holiday decor annually

The home

The Seelye Mansion is one of the finest homes in Kansas. A New York architect designed the new home in Georgian style for Dr. and Mrs. A.B. Seelye in 1904. It was built in 1905 at a cost of \$55,000. The mansion contains the original furniture and Edison light fixtures. You will tour 25 rooms, including 11 bedrooms, ballroom, bowling alley and kitchen areas. Special items of interest are the dining room, music room with gold French furniture and a Steinway Grand piano, library and the Tiffany-designed fireplace in the grand hall.

By Mike Heronemus
Editor

Seelye Mansion in Abilene dresses in Christmas finery each season. No other holiday season gets special treatment at the 100-year-old home that opens its doors to tourists year round, said owner Terry Tietjens.

Christmas played a significant part in the Seelye family history in the home, he explained. "The first meal in the dining room was on Christmas Day 1905. In 1906, the Seelyes opened the house to more than 500 guests at Christmas."

The family shipped in poinsettias from California for that seasonal celebration, Tietjens said. "It was one of the first times poin-

settias were used as Christmas decorations in Kansas," he added.

Mrs. A.B. Seelye also died during one Christmas season, so the connection between the mansion and this holiday season was very important to Marion and Helen, the Seelye daughters who eventually sold the home to Tietjens.

Fort Riley enlisted Soldiers were often guests of the Seelyes during World War II, Tietjens said. They would be invited to stay at the mansion and enjoy the Seelye hospitality at all times of

See Mansion, Page 21

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Friday, November 17, 2006

Fort Riley Post

Leisure time ideas

Herington:

What: Santa's Workshop craft show
When: Nov. 25
Where: 810 S. Broadway, Community Building
Phone: (785) 258-2115
Web site: www.skyways.org/towns/Herington

Junction City:

What: Christmas Holiday Kick-off and Parade
When: 5:30 p.m. Nov. 24
Where: Sixth and Washington Streets, Heritage Park
Phone: (785) 762-2632

Manhattan:

What: "All I Really Need to Know I Learned in Kindergarten." Music and lyrics by David Caldwell
When: Nov. 17-19
Where: Manhattan Arts Center, 1520 Poyntz Ave.
Tickets: \$9 to \$16
Phone: (785) 537-4420
Web site: www.manhattanarts.org

What: Homemade for the Holidays Arts and Craft Show
When: Nov. 25
Where: Pottorf Hall, CiCo Park
Phone: (785) 293-5712

What: "The Hollywood Nutcracker." A funny, sophisticated, joie de vivre version of the quintessential holiday treat that is wholesome enough for 3-year-olds. Choreographer Rodney Gustafson holds true to tradition and classical ballet while drawing inspiration from 1930's Hollywood—the time of Garbo and Grable, Swanson and Cagney—and brings all the elements of the beloved story to life with wit and style as a silver screen spectacular.
When: 7:30 p.m. Dec. 1
Where: McCain Auditorium, Kansas State University
Tickets: Public \$24-\$28, students and children \$12 to \$14, military, seniors and faculty \$22 to \$26.
Phone: (785) 532-6428
Web site: www.ksu.edu/mccain

Salina:

What: Anne Murray in concert
When: 7:30 p.m. Dec. 1
Where: 800 The Midway, Salina Bicentennial Center
Cost: \$35.50 and \$42.50, all seats are reserved

What: "Annie"
When: Dec. 1-10
Where: 303 E. Iron, Salina Community Theatre
Phone: (785) 827-3033
Web site: www.salinatheatre.com

What: Manhattan Transfer Christmas Show
When: 7:30 p.m. Dec. 9
Where: 151 S. Santa Fe, Stiefel Theatre for the Performing Arts
Cost: \$34, \$41, \$48
Phone: (800) 585-3737
Web site: www.stiefeltheatre.org, www.manhattantransfer.org

Wamego:

What: Lighted Christmas Parade and Park Lighting Celebration
When: Nov. 25
Where: Downtown and city park
Phone: (877) 292-6346
Web site: www.visitwamego.com

What: "Columbian Christmas." Annual Christmas musical production.
When: Dec. 1-3, 7-10 and 14-17
Where: Columbian Theater, 521 Lincoln Ave.
Phone: (800) 456-2029
Web site: www.columbiantheatre.com

String quartet set to perform at KSU

By Sara Shellenberger
 Kansas State University

MANHATTAN, Kan. — Kansas State University's McCain Performance Series will present the award-winning Jupiter String Quartet at 7:30 p.m. Nov. 17 in McCain Auditorium.

Performances will include Shostakovich's Quartet No. 8 in C minor, Haydn's Quartet in D major and Brahms' String Quartet in A minor.

Hailed by the New York Sun as "one of the strongest young string quartets in the country," the Boston-based group has performed across the United States and abroad.

Recently, the group captured first prize and the Szekely Prize for best performance of a Beethoven quartet in the prestigious Eighth Banff International String Quartet Competition.

Jupiter String Quartet has performed in New York's Lincoln Center and Carnegie Hall, Boston's Jordan Hall and Lon-

don's Wigmore Hall. Highlights of their 2006-2007 season include appearances at the Isabella Stewart Gardner Museum and Massachusetts Institute of Technology in Boston, Zankel Hall and Merkin Hall in New York, the Kennedy Center in Washington, D.C., and the Vancouver Chamber Music Festival.

The quartet has collaborated with such artists as Roger Tapping, Marcus Thompson, James Buswell, Paul Katz, Yong Hi Moon, Roberto Plano and the Miami and Borromeo String Quartets.

They also have been heard on National Public Radio's Performance Today, WCRB in Boston, WJMT in Chicago and WQXR in New York.

Tickets can be purchased at <http://www.k-state.edu/mccain/> or by calling the McCain box office at (785) 532-6428 between 11 a.m. and 5 p.m. weekdays.

A pre-performance lecture will be given by Cora Cooper, K-State professor of music, at 6:30 p.m. in 204 McCain.

Contest offers trip to 'down under'

Special to the Post

Army and Navy Morale, Welfare and Recreation programs are giving their beneficiaries a chance to win an 11-day, eight-night travel package to Australia.

Eligible participants can fill out an entry form by visiting participating MWR, Marine Corps Community Services and MCX locations or filling out the entry form online at www.ittaustralia.com.

The grand prize will be awarded to each of two winners and one guest each. The package includes round trip airline tickets originating and ending in the originating ITT/ITR Office, eight nights lodging in Australia based on two people sharing a room and two land tours in Australia.

Travel must be completed within 12 months of notification.

Any eligible patron may enter the contest once.

To be eligible for this travel package, entrants must choose a participating ITT/ITR Office and submit their entry by close of

business, local office time, by Dec. 1, 2006. Local contests will be conducted Dec. 1-8. Local winners will be notified Dec. 14.

Winners on the local level are automatically eligible for the Grand Prize. Incomplete, erroneous or altered entry forms will not be eligible for consideration. No facsimiles or mechanically reproduced or altered entries will be accepted.

Grand Prize winner selection will take place the week of Jan. 15, 2007, and the winners will be notified no later than Jan. 24, 2007.

Entrants must be active duty members of the Armed Forces or their immediate family members; members of the Individual Ready Reserve and Selected Reserve or their immediate family members; and active duty members of the other uniformed services or a family member, serving, stationed or living at a military installation, station, unit, Department of Defense, military retirees, DoD civilian employees or ship.



Photo provided

Lavish decorations dress up the interior of the Seelye Mansion each Christmas season. It takes a group of four to five volunteers about a week to finish decorating.

Mansion

continued from page 20

the year.

It takes about a week to decorate the mansion fronting Buckeye Street, Tietjens said. A core group of four to five people decorate inside and out, using about 50 Christmas trees and 150 poinsettias. The outside of the mansion has been lined with red Christmas lights for the past two years, Tietjens said. Before that, it was lined with blue lights.

A lot of Abilene residents also decorate trees outside their homes lining Buckeye Street.

The Seelye Mansion should be decorated and ready for visitors the day after Thanksgiving, Tietjens said. The decorations stay up through the first full week of January.

Tourists visiting Seelye Mansion during Christmas will be treated to freshly baked cookies every day, Tietjens said. Tietjens' bakers use cookie recipes of Marion and Helen Seelye.

If you go:

Directions: From Fort Riley, take Interstate 70 west to Exit 275 at Abilene. Turn left at the end of the exit ramp and follow Buckeye Street to 11th Street. Turn left on 11th to the mansion entrance on the left side of the street.

Hours: Tours start 10 a.m. to 3:30 p.m. Monday through Saturday; noon to 3:30 p.m. Sunday; grounds close at 6 p.m. daily; closed Christmas Day. Individuals can join any tour in progress at any time.

Cost: \$10 for single adults; \$5 for single children age 6 to 16; \$7.50 per person for groups of 10 to 29; \$5 per person for groups of 30 or more.
Phone: (785) 263-1084

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